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Co-Parent Counseling Questionnaire

The following questionnaire is designed to help you think about a variety of aspects of the co-parenting relationship important in facilitating the development of adaptive co-parenting skills. Please include as much information as you consider relevant. I will review your questionnaire and may include content as relevant in our meetings.

1. Describe what is motivating you to pursue co-parenting counseling currently:

2. Describe your goals you wish to pursue in co-parenting counseling:

3. What do you feel your most significant challenges are to achieve your stated goals?

4. What has your experience been with counseling?

5. Describe what you see to be your strengths and weaknesses?