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We know from research that when parents agree on a parenting plan that settles the conflict between them, their children are better off than when the inter-parental conflict remains unresolved. We also know that it is best for children when their parents share parenting responsibilities. On behalf of your children, I will strive to assist you in resolving your conflicts so that you are better able to provide your children with a developmental environment within which they can thrive.

The following ground rules are designed to promote a productive counseling process. Please read them and allow them to guide your participation in Parenting Plan Counseling.

PARENTING PLAN COUNSELING GROUND RULES

1. TALK TO THE COUNSELOR, NOT EACH OTHER
2. DO NOT INTERRUPT EACH OTHER, YOU WILL EACH BE HEARD
3. TREAT EACH OTHER WITH COURTESY AND RESPECT
4. MAKE GOOD USE OF YOUR TIME HERE, STAY ON THE ISSUE
5. FOCUS ON IMPROVING THE FUTURE FOR YOUR CHILD(REN)
6. NO BLAMING, SWEARING OR NAME CALLING
7. ABSOLUTELY NO YELLING OR RAISING OF YOUR VOICE
8. WHILE YOU DON'T HAVE TO AGREE, I DO EXPECT YOU TO MAKE AN HONEST EFFORT TO LISTEN & UNDERSTAND EACH OTHER
9. IF YOU FEEL OVERWHELMED, OR UNABLE TO CONTINUE PRODUCTIVELY, ASK FOR A BREAK

Client Name

Date

ADDITIONAL GROUND RULES AS DECIDED BY THE PARTIES: